COURSE OUTLINE

Alcohol/Drug Studies 119 Chemical Dependency and Co-Occurring Disorders

I. Catalog Statement

Alcohol/Drug Studies 119 assists the student to better understand and interact with clients with various mental health disorders that complicate coexisting substance abuse problems. It includes personality and mood disorders and various other pathologies, as well as organic brain disorder and their synergistic effect with alcohol and other drugs. The course also covers the diagnostic, therapeutic, and recovery phases for these clients.

Total Lecture Units: 3.0 **Total Course Unis: 3.0**

Total Lecture Hours: 48.0

Total Faculty Contact Hours: 48.0

Prerequisite: Alcohol Drug Studies ADST 105. ADST 105 may be taken concurrently.

Recommended Preparation: Psychology 115.

II. Course Entry Expectations

Skills Level Ranges: Reading 5; Writing 5; Listening/Speaking 5; Math 1.

Prior to or while enrolled in the course the student should be able to:

- 1. identify the synergistic effects of alcohol combined with other psychogenic drugs;
- 2. recognize the symptoms and behaviors typical of chemical abuse;
- 3. explain the development of tolerance, the withdrawal syndrome, detoxification, and the use of drugs used in the treatment of substance abuse.

III. Course Exit Standards

At the completion of the course the student will be able to:

- 1. identify key points within current theories of personality disorders;
- 2. describe the symptoms, diagnostic characteristics, and treatment for various mental health disorders;
- 3. explore the diagnostic issue of primary and secondary illness in contemporary co-occurring disorders:
- 4. discuss the relationship between recovery counselors and mental health clinical workers and their perspective of treatment focus and scope of practice;
- 5. explain how mental health and recovery specialists interact and have moved toward agreement and shared goals and outcomes of treatment;
- 6. describe specific synergistic effects of alcohol and other drugs on various mental health disorders;

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- 7. explain the dynamics of relapse and relapse prevention as impacted by the challenge of dual diagnosis;
- 8. discuss guidelines for interacting with clients with various mental health disorders;
- 9. identify the challenges posed to the counselor in interacting with clients with diverse mental health disorders.

IV. Course Content

Total Faculty Contact Hours = 48 hours

A. Overview of Mental Health and Recovery Movement	1 hour
B. Summary of Personality Development and Psychopathology Theories	12 hours
 C. Diagnostic Categories and Diagnosis (DSM –V) of Mental Disorders 1) Substance related and addictive disorders 2) Depressive disorders 3) Anxiety disorders 4) Obsessive-compulsive and related disorders 5) Bipolar and related disorders 6) Trauma and stress related disorders 7) Personality disorders 	15 hours 4 hours 2.5 hours 2.5 hours 2 hours 1 hour 1 hour
D. Co-Occurring Disorders in Substance Abuse Treatment	4 hours
E. Recovery Philosophy Relative to Mental Health Diagnosis	2 hours
F. Cooperative Effort of Mental Health and Recovery Professionals	2 hours
G. Co-Occurring Disorders and Treatment Planning1. Community resources2. Status of social service system	10 hours
H. Relapse and Relapse Prevention	2 hours

V. Methods of Instruction

The following instructional methodologies may be used in the course:

- 1. lecture;
- 2. audiovisual presentations;
- 3. guest speakers;
- 4. group presentations.

VI. Out of Class Assignments

The following out of class assignments may be used in this course:

- 1. written group and individual projects;
- 2. group participation(e.g. interviews, role plays, etc.);
- 3. written assignments.

VII. Methods of Evaluation

The following methods of evaluation may be used in this course;

- 1. case studies;
- 2. critiques;
- 3. examinations.

VIII. Textbooks

Sanders, Mark. Slipping Through the Cracks: Intervention Strategies for Clients with Multiple Addictions and Disorders. Deerfield Beach: Health Communications, Inc., 2011. 13th Grade Textbook Reading Level. ISBN: 13-9780757315725.

United States. Center for Substance Abuse Treatment. Substance Abuse Treatment for Persons with Co-Occurring Disorders. Rockville (MD): Substance Abuse and Mental Health Service Administration; 2008. Treatment Improvement Protocol (TIP) Series, No. 42. 13th Grade Textbook Reading Level. Publication ID: SMA 13-3992.

IX. Student Learning Outcomes

Upon successful completion of the required coursework, the student will be able to:

- 1. demonstrate the ability to interview someone with co-occurring disorders and assessing co-occurring disorders;
- 2. recognize personality disorder traits;
- 3. explore and understand the concept of primary and secondary illnesses.