

COURSE OUTLINE

**Alcohol/Drug Studies 153**  
**Internship II**

**Catalog Statement**

Alcohol/Drug Studies 153 is one of two semester-length internships in which the student is assigned to an alcohol/drug related program or agency. The student functions under supervision to gain case management experience which may include working with individuals, couples, and/or families, as well as groups. Course theory focuses on legal and ethical issues, including relationships with clients, colleagues, and agencies. Internship experiences are explored as they relate to lecture content. The internship hours apply to the additional hours required for state/national credentialing.

Total Lecture Units: 3.0  
Total Laboratory Units: 0.0  
**Total Course Units: 3.0**

Total Lecture Hours: 48.0  
Total Laboratory Hours: 0.0  
Total Laboratory Hours To Be Arranged: 0.0  
**Total Faculty Contact Hours: 48.0**

Prerequisite: Alcohol/Drug Studies 110 and 112, or equivalent.

Corequisite: AD ST 050 (1 Unit)

**Course Entry Expectations**

Prior to enrolling in the course, the student should be able to:

- identify practical considerations in forming various types of groups, including chemically dependent groups;
- identify the importance of interpersonal skill in facilitating the group process;
- describe the responsibilities of the group facilitator and the establishment of group parameters;
- discuss stages of group development, as well as the defenses and roles of its individual members;
- analyze the philosophical concepts which are the foundation of Alcoholics Anonymous and other self-help recovery groups;
- evaluate the internal philosophical consistency of several self-help groups;
- appraise personal self-awareness and self-acceptance as part of the ability to relate more effectively with the chemically dependent individual.

## **Course Exit Standards**

Upon successful completion of the required coursework, the student will be able to:

- transition from the theoretical framework of the classroom to practical application within the alcohol/drug health care delivery system;
- participate as a team member in an assigned alcohol/drug related program or agency;
- discuss the organizational structure, policies, and procedures involved in the treatment of chemical dependency;
- identify and discuss commonly encountered ethical issues involving the relationship of counselors with agencies/programs, peers, and members of other discipline

## **Course Content**

**Total Faculty Contact Hours = 48.0**

A/D 153 Field Work Expectations (**4 hours**)

Application of Intervention, Treatment, and Prevention Concepts (**6 hours**)

Case Studies in Ethical and Legal Issues (**10 hours**)

Issues of Agency and Colleague Confidentiality (**8 hours**)

Treatment and Case Management (**13 hours**)

Scope of Practice Issues and Professional Growth (**7 hours**)

## **Methods of Instruction**

The following instructional methodologies may be used in the course:

- lecture/discussion;
- role-playing.

## **Out of Class Assignments**

The following out of class assignments may be used in this course:

- written treatment plans according to facilities policies and procedures;
- written bio psychosocial assessments according to facilities policies and procedures;
- written assignments that includes student's internship packet.

## **Methods of Evaluation**

The following methods of evaluation may be used in this course:

- class participation;
- written case study and assignments (e.g.);
- satisfactory evaluation of field work by both agency personnel and instructor;
- satisfactory completion of practicum packet;
- quizzes;
- midterm(s), and final examination.

## **Textbook**

Grosso, Federico. *Advanced Applications of Law and Ethics: A Workbook for California*. 8<sup>th</sup> ed. Santa Barbara: F.C. Grosso,. Print.

16<sup>th</sup> Grade Textbook Reading Level. ISBN: 0-9654534-8-0.

Substance Abuse and Mental Health Services Administration. *Addiction Counseling Competencies: The Knowledge, Skills, and Attitudes of Professional Practice Technical Assistance Publication (TAP) Series 21*. Washington, D.C.: Department of Health and Human Service Addiction Counseling Technical Assistance Publication, 2008(. Digital file. <http://store.samhsa.gov/shin/content//SMA12-4171/21.htm>

## **Student Learning Outcomes**

Upon successful completion of the required coursework, the student will be able to:

- interact with coworkers and clients as the result of agency internship;
- student will learn how to treat a client under chemical dependency case management;
- student will learn more about him-self/herself to allow clarity with countertransference issues;
- student will be able to identify & apply ethics in interactions with clients and coworkers

