

COURSE OUTLINE

**Alcohol/Drug Studies 152
Internship I**

Catalog Statement

Alcohol/Drug Studies 152 is one of two semester-length internships in which the student is assigned to an alcohol/drug related treatment program or agency to acquire work experience. The student functions under agency supervision to gain case management experience which may include working with individuals, couples, and/or families, as well as groups. The course explores the extent to which knowledge of personal family history impacts counselor competencies and relationships with agencies and clients. Internship experiences are explored as they relate to lecture content. The internship hours apply to the additional hours required for state/national credentialing.

Total Lecture Units: 3.0

Total Laboratory Units: 0.0

Total Course Units: 3.0

Total Lecture Hours: 48.0

Total Laboratory Hours: 0.0

Total Laboratory Hours To Be Arranged: 0.0

Total Faculty Contact Hours: 48.0

Prerequisite: AD ST 110 and 112, or equivalent

Corequisite: AD ST 050 (1 unit)

Course Entry Expectations

Prior to enrolling in the course, the student should be able to:

- identify practical considerations in forming various types of groups, including chemically dependent groups;
- identify the importance of interpersonal skill in facilitating the group process;
- describe the responsibilities of the group facilitator and the establishment of group parameters;
- discuss stages of group development, as well as the defenses and roles of its individual members;
- analyze the philosophical concepts which are the foundation of Alcoholics Anonymous and other self-help recovery groups;
- evaluate the internal philosophical consistency of several self-help groups;
- appraise personal self-awareness and self-acceptance as part of the ability to relate more effectively with the chemically dependent individual.

Course Exit Standards

Upon successful completion of the required coursework, the student will be able to:

- apply theoretical knowledge of the classroom to the alcohol/drug health care delivery system;
- participate as a team member in an assigned alcohol/drug related program or agency;
- identify and describe the positive and negative factors which influence the environment in which life changes can occur;
- identify and discuss ethical issues commonly encountered in working within an agency;

Alcohol / Drug Studies 152

Page 2

- contribute to family and group sessions in a manner consistent with agency philosophy and protocol;
- discuss the organizational structure, policies, and procedures involved in the treatment of chemical dependency;
- demonstrate growth of confidence and interpersonal skills with staff and other interdisciplinary agency relationships.

Course Content

A/D 152 Field Work Expectations (**2 hours**)

Agency Implementation of Intervention, Treatment, and Prevention Concepts (**5 hours**)

Genograms and Personal Family History (**9 hours**)

Case Studies in Ethical and Legal Issues (**10 hours**)

Issues of Client Confidentiality (**4 hours**)

Case Management (**13 hours**)

Professional Responsibilities/Accountability (**5 hours**)

Methods of Instruction

The following instructional methodologies may be used in the course:

- lecture/discussion;
- worksite assignments and practice;
- role-playing.

Out of Class Assignments

The following out of class assignments may be used in this course:

- written treatment plans (e.g. patient treatment plan that adheres to internship site's standards and competencies).;
- research paper (e.g. bio psychosocial assessments according to internship site's standards and competencies).

Methods of Evaluation

The following methods of evaluation may be used in this course:

- class participation;
- evaluation of field work by both agency personnel and instructor;
- completion of practicum packet;
- quizzes;
- midterm(s);
- final examination

Textbook

Grosso, F. *Advanced Applications of Law and Ethics: A Workbook for California*. Eighth Edition. Santa Barbara: Author, 2011. Print.

16th Grade Textbook Reading Level. ISBN: 0-9654534-8-0.

Substance Abuse and Mental Health Services Administration. Competencies: The Knowledge, Skills, and Attitudes of Professional Practice.

Washington, D.C.: U.S. Department of Health and Human Service Addiction Counseling

Student Learning Outcomes

- students will be able to recognize and compare theoretical knowledge from classroom to health care delivery system;
- students will be able to demonstrate how to participate as a team member on an internship level within an alcohol/drug treatment center
- students will be able to identify and show ability how to conduct individual and family group sessions;
- students will be able to demonstrate and assess growth of confidence and interpersonal skills with agency relationship.

Substance Abuse and Mental Health Services Administration. Competencies: The Knowledge, Skills, and Attitudes of Professional Practice. Current Edition.
Washington, D.C.: U.S. Department of Health and Human Service Addiction Counseling Technical Assistance Publication (TAP) Series 21, 2002. Publication No. (SMS) 02-3750

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