

COURSE OUTLINE

**Alcohol/Drug Studies 151
Community Resources**

I. Catalog Statement

Alcohol/Drug Studies 151 provides an opportunity for the student to survey and analyze a variety of resources in the community involved in the treatment of alcohol and drug dependency. The continuum of treatment care in surrounding local communities is represented in the agencies, programs, and facilities explored and evaluated. Students create, as a class project, a local resource directory of treatment services.

Units – 2.0

Lecture Hours –2.0

Prerequisite: Alcohol/Drug Studies 150.

II. Course Entry Expectations

Skills Level Ranges: Reading 5; Writing 5; Listening/Speaking 5; Math 1.

Prior to enrolling in the course, the student should be able to:

1. identify self-help groups located within the community that are involved in the treatment of chemical dependency and related disorders;
2. analyze the philosophical concepts which are the foundation of Alcoholics Anonymous and other self-help recovery groups;
3. evaluate the internal philosophical consistency of several self-help groups.
4. explain the 12-step recovery process from both a psychological and behavioral perspective;
5. appraise personal self-awareness and self-acceptance as part of the ability to relate more effectively with the chemically dependent individual;

III. Course Exit Standards

Upon successful completion of the required coursework, the student will be able to:

1. describe the philosophical concepts which underlie and define community agencies and programs providing chemical dependency treatment;
2. identify the private and public agencies/programs that are part of the continuum of care in the community for the treatment of chemical dependency;
3. survey and assess community agencies and programs with regard to scope, quality of services, and source of financial support;
4. participate in the production of a community alcohol and drug resource directory as a class project.

IV. Course Content

- | | |
|---|----------|
| A. Established Community Agencies and the Continuum of Care | 6 hours |
| 1. Philosophical foundations of treatment | |
| 2. Organizational structure | |
| 3. Operating procedures | |
| 4. Documentation | |
| 5. Service population | |
|
 | |
| B. Development of Resources Directory Project | 3 hours |
| 1. Design and development | |
| 2. Survey instrument/methods | |
| 3. On-site visitation | |
| 4. Interview techniques | |
|
 | |
| C. Types of Facilities/Programs/Services | 10 hours |
| 1. Acute inpatient treatment programs | |
| 2. Community support services | |
| 3. Detoxification centers | |
| 4. DUI/Diversion programs | |
| 5. Education and prevention services | |
| 6. Employee assistance programs (EAP) | |
| 7. Information and referral agencies | |
| 8. Outpatient treatment programs | |
| 9. Recovery homes, shelters, special programs | |
| 10. Residential care centers/programs | |
| 11. Social model treatment programs | |
|
 | |
| D. Developing New Community Services | 13 hours |
| 1. Demographic study/needs assessment | |
| 2. Licensing or credentialing requirements | |
| 3. Physical plant adequacy/location | |
| 4. Organizational structure | |
| 5. Operating procedures | |
| 6. Financial considerations/source | |
| 7. Treatment services and staffing | |

V. Methods of Presentation

The following instructional methodologies may be used in the course:

1. lecture/discussion;
2. group discussions and project;
3. individual agency assessments and presentations.

VI. Assignments and Methods of Evaluation

1. Classroom presentation.
2. Individual agency assessments.
3. Group interaction and participation.
4. Compilation of Community Resource Guide.

VII. Textbook

Department of Alcohol and Drug Programs. (CCR) Licensing and Credentialing Guidelines for Alcohol and Drug Programs (Title 9, Chapter 4, Subchapter 5). Current Edition.

Sacramento: Health and Welfare Agency, State of California, 2000.

12th Grade Textbook Reading Level, Government Document, no ISBN number

VIII. Student Learning Outcomes

1. Students will be able to describe the philosophical concepts which underlie and define community agencies and programs providing treatment of chemical dependency.
2. Students will be able to identify the private and public agencies/programs that are part of the continuum of care in the community for the treatment of chemical dependency.
3. Students will have the ability to survey and assess community agencies and programs with regards to scope, quality of services, and sources of financial support.