

COURSE OUTLINE

Alcohol/Drug Studies 114 Special Populations

I. Catalog Statement

Alcohol/Drug Studies 114 examines the degree to which ethnicity, cultural factors, and sexual identity can contribute to the misuse of alcohol and other drugs. Discussions include various ethnic populations as well as gender, sexual orientation, and life span issues related to substance use and abuse.

Total Lecture Units: 3.0

Total Laboratory Units: 0.0

Total Course Units: 3.0

Total Lecture Hours: 48.0

Total Laboratory Hours: 0.0

Total Laboratory Hours To Be Arranged: 0.0

Total Faculty Contact Hours: 48.0

Prerequisite: AD ST 101 and 103

Recommended Preparation: PSYCH 104 or SOC S 121

II. Course Entry Expectations

Prior to enrolling in the course, the student should be able to:

- discuss alcohol use and abuse within various cultures and societies from a historical perspective;
- compare and contrast various psychological, sociological, learning, and behavioral theories on the development of alcohol dependency;
- diagram and explain the bio-psycho-social perspective of the progression of alcohol and other drug dependencies;
- identify the effects of alcohol dependence on various aspects of society and the family system;
- discuss the effects of alcohol use, abuse, and dependency on adolescents, the elderly, women, and various ethnic and racial groups;
- discuss rudimentary skills in crisis intervention techniques, interpersonal communications, and problem solving with specific application to the alcoholic/addict and the chemically dependent family.

III. Course Exit Standards

Upon successful completion of the required coursework, the student will be able to:

- evaluate recent social/cultural changes as they impact substance use and abuse;
- discuss the increasing incidence of alcohol/drug use and abuse in special population;
- explore similarities and differences within special populations regarding substance use and abuse;
- describe the impact of stereotyping and biases on the therapeutic process;
- discuss the use of interpersonal techniques within the therapeutic process to foster understanding of the client's perspective.

IV. Course Content

Total Faculty Contact Hours = 48.0

Characterizing Individuals and Assessing Needs Within a Cultural/Ethnic Group **(3 hours)**

- Physiological factors
- Psychological factors
- Sociological factors

Cultural/Ethnic Foundations **(18 hours)**

- African-American
- Hispanic/Latino
- Asian
- Middle Eastern
- Other

Adolescent and Elderly Populations **(4 hours)**

Sexual Orientation **(10 hours)**

- Gender identity confusion
- Transsexual and transgender issues

Factors That Cross Cultural Boundaries **(13 hours)**

- Building blocks: beliefs, behavior, communication
- Stumbling blocks and barriers
- Learning cultural nuances from clients
- Sensitivity to other populations

V. Methods of Instruction

The following methods of instruction may be used in the course:

- lecture;
- audiovisuals;
- role-playing;
- guest speakers.

VI. Out of Class Assignments

The following out of class assignments may be used in the course:

- written assignments (e.g. treatment options for special populations);
- term paper (e.g.). cultural sensitivity in treatment).

VII. Methods of Evaluation

The following methods of evaluation may be used in the course:

- interview (e.g. of recovering individual from a special population);
- class participation;
- quizzes;
- midterm(s), and final examination.

VIII. Textbook(s)

Lawson, Gary, and Ann W. Lawson. *Alcoholism and Substance Abuse in Diverse Populations*. Austin: PRO-ED, 2011. Print.
ISBN: 9781416404392

IX. Student Learning Outcomes

Upon successful completion of the required coursework, the student will be able to:

- differentiate between varieties of cultural diversity population in the recovery populace;
- examples of different treatment options and discuss the similarities of other diversity groups;
- discover issues surrounding the different sexual identities within a variety of individuals;
recognize and outline the needs of those with a chronic disease.