

COURSE OUTLINE

Alcohol/Drug Studies 101 Alcohol/Drug Abuse and Dependency

I. Catalog Statement

Alcohol/Drug Studies 101 surveys the use and abuse of alcohol and other drugs in various cultures, their acute and chronic effects on the human body, and the development of psychological and physical dependence. An overview of current theories in dependency is presented. The course addresses the consequences of chemical dependency on the individual, the family system, and society.

Total Lecture Units: 3.0

Total Laboratory Units: 0.0

Total Course Units: 3.0

Total Lecture Hours: 48.0

Total Laboratory Hours: 0.0

Total Laboratory Hours To Be Arranged: 0.0

Total Faculty Contact Hours: 48.0

Recommended Preparation: Eligibility for ENGL 120 or ESL 151

II. Course Entry Expectations

Prior to enrolling in the course, the student should be able to:

- organize and write thesis-based essays which meet the standards for English 101 entrance;
- use organized, detailed examples, facts, logical explanations, and other appropriate support for thesis statements;
- critically analyze selected prose works dealing with important contemporary issues;
- summarize, analyze, and synthesize information, express and apply standards for judgment, compare and contrast, and evaluate evidence in order to form and state reasoned opinions;
- gather and organize information through library research;
- demonstrate a command of basic grammar, diction, syntax and mechanics in essays sufficient for English 101 entrance.

III. Course Exit Standards

Upon successful completion of the required coursework, the student will be able to:

- distinguish between alcohol use and abuse within various cultures and societies from a historical perspective;
- describe the acute and chronic effects of alcohol and other drugs of abuse on the human body;
- compare and contrast various psychological, sociological, learning, and behavioral theories on the development of alcohol dependency;
- identify the effects of alcohol dependence on various aspects of society and the family system;
- distinguish between the effects of alcohol use, abuse, and dependency on adolescents, the elderly, women, and various ethnic and racial groups.

IV. Course Content

Total Faculty Contact Hours = 48.0

- A. Historical Perspective of Alcohol Use and Abuse **(15 hours)**
 - 1. Ancient Greek, Roman, and Egyptian societies
 - 2. Patterns in America
 - 3. Impact of social/cultural changes
 - 4. Evolution of treatment movements
 - 5. Current scope of alcohol/drug related problems
- B. Physiological Aspects of Dependency on Alcohol and Other Drugs **(12 hours)**
 - 1. Acute and chronic effects
 - 2. Alcohol related diseases and disorders
 - 3. Medical treatment of acute and chronic effects of alcohol
- C. Psychological Aspects of Alcohol Dependency (Alcoholism) **(12 hours)**
 - 1. Definitions and terminology
 - 2. Implications and criticisms of disease concept
 - 3. Classification of phases/species of alcoholism/alcoholics
 - 4. Guidelines for diagnosis
 - 5. Current research
- D. Alcohol and Drug Use in Selected Populations **(9 hours)**
 - 1. Adolescent alcohol/drug use and treatment
 - 2. Patterns of alcohol and drug use in college students
 - 3. Alcohol and drug problems among the elderly
 - 4. Special considerations in working with female alcoholics/addicts
 - 5. Alcohol and drug abuse in the workplace
 - 6. Working with alcoholics/addicts from different cultures

V. Methods of Instruction

The following methods of instruction may be used in the course:

- lecture;
- classroom discussion;
- audiovisual materials
- guest speaker (reference librarian).

VI. Out of Class Assignments

The following out of class assignments may be used in the course:

- written assignments (e.g. a summary of a historical perspective on chemical dependency);
- research paper (e.g. an analysis of psychological aspects of chemical dependency).

VII. Methods of Evaluation

The following methods of evaluation may be used in the course:

- quizzes;
- midterm(s);
- vocabulary assessments and written work;
- final examination.

VIII. Textbook(s)

Kinney, Jean. Loosening the Grip: A Handbook of Alcohol Information. 12th ed. New York: McGraw-Hill, 2014. Print.
14th Grade textbook Reading Level ISBN: 9780078028557

IX. Student Learning Outcomes

Upon successful completion of the required coursework, the student will be able to:

- describe the acute and chronic effects of alcohol and other drug of abuse on the human body;
- discuss alcohol use and abuse within various cultures and societies from a historical perspective;
- identify the effects of alcohol dependence on various aspects of society and the family system.