

## COURSE OUTLINE

### **Dance 116 Modern Dance Technique II**

#### **I. Catalog Statement**

Dance 116 provides an opportunity to extend student's knowledge of modern dance technique. Through demonstration, exercise, and discussion, the course emphasizes the development of greater technical detail and control of the body needed in advanced modern dance production.

Total Lecture Units: 1.0

Total Laboratory Units: 1.0

**Total Course Units: 2.0**

Total Lecture Hours: 16.0

Total Laboratory Hours: 48.0

Total Laboratory Hours To Be Arranged: 0.0

**Total Faculty Contact Hours: 64.0**

Prerequisite: DANCE 115 or equivalent

Note: This course may be taken twice (2 times); a maximum of four (4) units may be earned.

#### **II. Course Entry Expectations**

Prior to enrolling in the course, the student should be able to:

- identify and define basic modern terminology as used in warm up and across the floor exercises in written and practical assignments;
- demonstrate and explain correct dynamic alignment as used in parallel and turn out positions;
- reproduce a basic modern warm up and modern combination demonstrating comprehension and coordination of positions and directions;
- examine the application of modern terminology as utilized in live, video, and in class performances;
- discuss the development of modern technique from New Dance to First Generation modern dance.

#### **III. Course Exit Standards**

Upon successful completion of the required coursework, the student will be able to:

- apply intermediate modern terminology in isolations, leg swings and contract and release sequences;
- review and distinguish the use of correct dynamic alignment when demonstrating fall and recover techniques;
- develop, practice, and explain intermediate modern center, and diagonal progressions;
- investigate the use of focus, dynamics, rhythm, and style development in live, video, and in class performances;
- analyze the development of modern technique from Second Generation to Post modern dance.

**IV. Course Content**

**Total Faculty Contact Hours = 64.0**

- A. Introduction (**Lecture 4 hours**)
1. Overview of course content
  2. Injury prevention - safety
  3. Review of body alignment and muscle coordination
  4. Review of parallel and turn-out positions
- B. Intermediate Terminology of Modern Dance Technique (**Lecture 6 hours, Lab 12 hours**)
1. Six positions of feet
  2. Modern dance demi and grand plié
  3. Modern dance brushes
  4. Modern dance leg swings
  5. Contractions and releases
  6. Isolations
- C. Intermediate Exercises Across the Floor (**Lecture 2 hours, Lab 12 hours**)
1. Combinations relating to moods and music
  2. Rhythmic combinations
  3. Combinations to define space and design
  4. Weight and directional changes
- D. Intermediate Kinesthetic Awareness in Body Control (**Lecture 2 hours, Lab 12 hours**)
1. Study of lines, shapes, and design
  2. Music selection
  3. Study of rhythmic structure in technique combinations
  4. Body control, fall, and recovery
- E. Intermediate Performance Skills (**Lecture 2 hours, Lab 12 hours**)
1. Focus
  2. Dynamics
  3. Rhythm
  4. Presentation
  5. Interpretation
  6. Style development

**V. Methods of Instruction**

The following methods of instruction may be used in the course:

- classroom and lecture and demonstration;
- guest instructors (instructors from studios);
- dance step, combination, and variation practice;
- interpretation and practical application of intermediate modern dance vocabulary;
- bone structure alignment, and muscle coordination;
- video and multimedia presentations;
- in-class critiques, done individually and in group.

## **VI. Out of Class Assignments**

The following out of class assignments may be used in the course:

- attendance at Glendale Community College Dance Department performances;
- on-line research of the modern dance techniques of the Second Generation to the Post- modern era;
- written evaluation of the performance attendance.

## **VII. Methods of Evaluation**

The following methods of evaluation may be used in the course:

- movement exams (e.g. presentations of intermediate modern dance combinations);
- quizzes (e.g. intermediate modern dance terminology, explanation of correct body alignment, and muscle coordination);
- class participation in critiques, analysis, and evaluation of dance performance;
- analytical essays (e.g. analysis of modern dance performance);
- midterm examination;
- final examination.

## **VIII. Textbook(s)**

Craine, D. and Mackrell, J. *The Oxford Dictionary of Dance*. 2<sup>nd</sup> ed. New York: Oxford University, 2015. Web.

12<sup>th</sup> Grade Textbook Reading Level. eISBN: 9780191727658

Clippinger, Karen. *Dance Anatomy and Kinesiology*. 2nd ed. Champaign: Human Kinetics, 2015. Print.

12<sup>th</sup> Grade Textbook Reading Level. ISBN-13: 9781450469289

## **IX. Student Learning Outcomes**

Upon successful completion of the required coursework, the student will be able to:

- identify and define Intermediate modern dance terminology;
- demonstrate and explain correct body alignment and muscle coordination in intermediate modern dance combinations;
- perform an intermediate modern dance;
- analyze a modern dance performance in terms of modern dance choreography, style, music selection, and technical performance.