COURSE OUTLINE

DANCE 129 HIP-HOP II

I. Catalog Statement

Dance 129 provides further opportunities to extend the student's knowledge of popular dance culture and to acquire Hip-Hop techniques to meet the demands in the commercial dance industry.

Total Lecture Units: 1.0 Total Lab Units: 0.5 **Total Course Units: 1.5**

Total Lecture Hours: 16.0 Total Lab Hours: 24.0

Total Faculty Contact Hours: 40.0

Prerequisite Skills: Dance 124 or equivalent.

II. <u>Course Entry Expectations</u>

Skill Level Ranges: Reading 5; Writing 5; Listening-Speaking 5; Math 1.

Prior to enrolling in the course, the student should be able to:

- 1. identify and define basic hip-hop dance terminology;
- 2. demonstrate the coordination, strength, cardiovascular fitness and rhythm required to execute the technical aspects of hip-hop dance;
- 3. discuss developments in popular pop dance cultures;
- 4. perform beginning, and intermediate hip-hop combinations.

III. Course Exit Standards

Upon successful completion of the required coursework, the student will be able to:

- 1. identify and define intermediate hip-hop dance terminology;
- 2. demonstrate the coordination, strength, cardiovascular fitness and rhythm required to execute the technical aspects of intermediate hip-hop dance;
- 3. analyze the developments in popular pop dance cultures in terms of choreography; style, music selection, and technical performance;
- 4. perform intermediate and advanced hip-hop combinations.

IV. Course Content

Total Faculty Contact Hours: 40

Lecture: 4 hours

- A. Introduction to the Street Dance Culture
 - 1. Demographics as an influence
 - 2. Multi-Ethnic growth and development
- B. Safety Lecture: 4 hours Laboratory: 3 hours
 - 1. Body alignment
 - 2. Breathing
- C. Intermediate Warm-up and Conditioning Lecture: 2 hours Laboratory: 3 hours
 - 1. Cardiovascular strength
 - 2. Muscle strength
 - 3. Flexibility
- D. Intermediate Technical Skills Lecture: 2 hours Laboratory: 6 hours
 - 1. Coordination (legs, arms, head)
 - 2. Turns and spins
 - 3. Jumps
 - 4. Linking steps
- E. Development of Inter. Movement Vocabulary Lecture: 2 hours Laboratory: 6 hours
 - 1. Locking
 - 2. Jerking
 - 3. Rocking
 - 4. Freezing
 - 5. Popping
 - 6. Boogaloo
 - 7. Strut
 - 8. Clime Stop
 - 9. Wave
 - 10. Tick
 - 11. Twisto-flex
 - 12. Slides
 - 13. Roboting
- F. Intermediate Performance Skills Lecture: 2 hours Laboratory: 6 hours
 - 1. Focus
 - 2. Dynamics
 - 3. Rhythm
 - 4. Presentation
 - 5. Individual interpretation
 - 6. Personal style development

V. Methods of Instruction

The following instructional methodologies may be used in the course:

- 1. classroom lecture and demonstration;
- 2. body conditioning;
- 3. dance step and combination practice;
- 4. videos and multimedia presentations;
- 5. in-class critiques, done individually and in groups.

VI. Out of Class Assignments:

The following out of class assignments may be used in the course:

- 1. attendance at GCC dance department performances;
- 2. on-line research of the genre;
- 3. written evaluation of the performances attended.

VII. Methods of Evaluation

The following methods of evaluation may be used in the course:

- 1. movement exams:
- 2. class participation in critiques, analysis, and evaluation of dance performance;
- 3. written exams;
- 4. written essays;
- 5. final exams.

VIII. Textbooks

Craine, Debra and Mackrell, Judith. *The Oxford Dictionary of Dance*. New York: Oxford University Press, 2010.

12th Grade Textbook Reading Level. ISBN: 0199563446

IX. Student Learning Outcomes

Upon successful completion of the required coursework, the student will be able to:

- 1. identify and define intermediate hip-hop dance terminology;
- 2. demonstrate the coordination, strength, cardiovascular fitness and rhythm required to execute the technical aspects of intermediate hip-hop dance;
- 3. analyze the developments in popular pop dance cultures in terms of choreography; style, music selection, and technical performance;
- 4. perform intermediate and advanced hip-hop combinations.