Degree Applicable   Glendale Community College
                                                            March 2013

COURSE OUTLINE

Student Development 141
Improving College Performance and Study Skills

I.   **Catalog Statement**

Student Development 141 is an introduction to study skills methods, academic support
services, and students' academic assessment. This class is designed to improve such skills
as note taking, test taking, and time management.

Units - 1.0
Lecture Hours - 1.0

Prerequisite Skills: None

Note: This class may not be taken for credit by students who have completed Student
Development 145.

II.   **Course Entry Expectations**

Skill Level Ranges: Reading 3; Writing 3; Listening-Speaking 3; Math 1.

III.   **Course Exit Standards**

Upon successful completion of the required coursework, the student will be able to:
1. Relate their college assessment and coursework to their educational and career goals;
2. Identify campus support services and resources;
3. Understand college academic and student conduct regulations;
4. Apply time management strategies to academic and daily life;
5. Apply their learning style to improve academic performance;
6. Apply effective academic strategies in note taking, preparing for tests, listening,
    reading, and memory;
7. Improve problem solving using critical and creative thinking.

IV. Course Content

A. Self-Evaluation   4 Hours
   1. Review placement/assessment results
   2. Review previous course work
   3. Learning Styles
   4. Students self-assessment
   5. Analyze and evaluate the student's present financial situation
       and review possible financial aid options
   6. Analyze grade point balance and develop strategies for clearing probation
       or improving Grade Point Average (GPA)

B. Personal management and responsibility   3 Hours
   1. Managing stress and maintaining a healthy, balanced lifestyle
   2. Self-motivation, interdependence, emotional maturity, assertiveness
   3. Goal setting, personal values, identity, decision-making, and self-awareness
   4. Creative and critical thinking
   5. Instructor-Student relations
   6. College Academic and Student Conduct Regulations
   7. Time Management

C. Campus Student and Instructional Services   2 Hours
   1. Counseling and Assessment Center
   2. Career Center, Transfer Center, Center for Students of Disabilities,
   3. Learning Center, Tutorial Center, Writing Lab, Math Discovery Center
   4. Health Center
   5. Library services and workshops

D. Academic Study Strategies   7 Hours
   1. Note taking
   2. Textbook Study Systems
   3. Strengthening Memory and Concentration
   4. Test-taking
   5. Using the Library

V. Methods of Presentation

The following instructional methodologies may be used in this course:
1. Classroom lectures;
2. Use of the internet, computer technology;
3. In-class assignments, done individually and in groups, on lecture and textbook topics,

4. Guest lecturer;
5. Films and videos;
6. Collaborative-interactive presentations by instructor and students.

VI. Assignments and Methods of Evaluation

1. Final examination demonstrating critical thinking skills.
2. Quizzes.
3. Collaborative learning groups and hands-on activities.
4. Textbook written exercises and homework completion.
5. Journal writing.
6. Completion of a time management plan.
7. Class attendance.

VII. Textbook

Ellis, D. Becoming a Master Student, 14th Edition
Boston: Houghton, Mifflin Company, 2003.
11th Grade Textbook Reading Level. Student Edition ISBN: 9781111827533

Downing, S. OnCourse, Strategies for Creating Success in College and in Life, 7th Edition.
New York, Houghton Mifflin Company, 2002.
7th Grade Textbook Reading Level. ISBN: 9781133309734

Van Blerkom, D.. Orientation to College Learning, 7th edition.
Belmont: Wadsworth/Thomas Learning , 2004
13th Grade Textbook Reading Level: ISBN: 9781111833640

The Latest/Most Recent Glendale Community College Catalog.

Various handouts related to Study skills from other/outside sources.

VIII. Student Learning Outcomes

1. Student will be able to apply effective academic strategies in note taking, preparing for tests, listening, reading, and memory
2. Student will be able to identify and use campus support services and resources
3. Student will be able to apply college academic and behavioral regulations