Degree Applicable

Glendale Community College
June 2009

COURSE OUTLINE

Student Development 146
Effective Study Techniques

I. Catalog Statement

Student Development 146 is a lecture course designed to place special emphasis on memory techniques, test preparation strategies, time management, and note-taking skills for students with disabilities. This curse helps students develop critical thinking skills as well as compensatory strategies.

Units – 1.0
Lecture Hours – 3.0

II. Course Entry Expectations

Skills Level Ranges: Reading 3; Writing 3; Listening-Speaking 3; Math 2.

III. Course Exit Standards

Upon successful completion of the required coursework, the student should be able to:
1. Apply time management strategies to academic and daily life;
2. Improve reading comprehension by applying note-taking techniques;
3. Improve understanding of lectures by applying note-taking techniques;
4. Successfully prepare for a test;
5. Apply compensatory memory strategies to academic and daily life.

IV. Course Content

A. Define and discuss learning styles and accommodations	2 hours
B. Define and practice memory strategies	4 hours
C. Define and practice note-taking strategies	4 hours
D. Discuss and develop strategies for organizing information	3 hours
E. Introduce and practice SQ3R System	3 hours
F. Library orientation and related exercises	1 hour
G. Define and discuss strategies for reading comprehension and speed including outlining, summarizing and paraphrasing	2 hours
H. Learning Center orientation	1 hour
I. Define and discuss exam preparation for objective and essay tests, test anxiety and relaxation techniques	5 hours

J. Discuss the research writing process 2 hours
   1. Beginning the process;
   2. Defining and researching the topic;
   3. Utilizing information;
   4. Writing the paper;

V. Methods of Presentation

The following instructional methodologies may be used in the course:
1. Lecture;
2. Collaborative learning groups;
3. Hands-on activities;

VI. Assignments and Methods of Evaluation

1. Weekly reading and writing assignments.
2. Quizzes.
3. Final exam.
4. Final project.

VII. Textbook

Kiewra, Kenneth. Learning to Learn. Current Edition.
Boston: Allyn & Bacon, 1998.
13th Grade Textbook Reading Level. ISBN: 0-205-26319-4

VIII. Student Learning Outcomes (Rev. 10/09)

1. Student will identify and list strategies used to learn new material.
2. Student will differentiate among the various type of memory.
3. Student will construct an effective mnemonic device.