Degree Applicable

Glendale Community College
November 2013

COURSE OUTLINE

Student Development 101
Freshman Seminar

I. Catalog Statement

Student Development 101 is dedicated to ensuring students' college success and motivating their journey toward lifelong learning. Students develop their own plan for personal, academic, and career success through self-evaluation, application of specific techniques, and classroom activities. Topics include effective study strategies, short and long-term goals, time management, and campus resources. This course is about making choices, especially those about setting and meeting personal, academic, and career goals.

Total Lecture Units: 1.0
Total Course Units: 1.0

Total Lecture Hours: 16.0
Total Faculty Contact Hours: 16.0

Prerequisite Skills: None

Note: This course is offered only as Pass / No Pass.

II. Course Entry Expectations

Skills Level Ranges: Reading 3; Writing 3: Listening/Speaking 3; Math 1

III. Course Exit Standards

Upon successful completion of the required coursework, the student will be able to:

1. identify personal values, aptitudes, skills and interests;
2. demonstrate understanding of personality types and characteristics;
3. identify learning styles and apply to development of effective study behavior;
4. select a tentative college major and relate it to career goals;
5. prepare and write a Student Education Plan;
6. utilize college resources to identify courses necessary to complete college goals;
7. identify the college's support services and summarize activities offered to students;
8. learn and apply decision making and time management techniques.

IV. Course Content — Total Faculty Contact Hours = 16

A. Higher Education Orientation — 4 hours
1. Introduction to course: agreements, contracts and responsibilities
2. Post-secondary education overview: policies, programs and requirements
3. Campus resources

B. Academic Strategies for Success — 4 hours
1. Effective study behaviors
2. Learning styles
3. Personality types

C. Personal Management — 4 hours
1. Time management
2. Decision making (critical and creative thinking)
3. Extracting annotations

D. Life Choices — 4 hours
1. Choosing a major
2. Choosing a career
3. Student Education Plan development

V. Methods of Instruction

The following instructional methodologies may be used in this course:
1. lecture and demonstration;
2. multimedia;
3. guest speakers;
4. collaborative learning;
5. student presentations.

VI. Out of Class Assignments

The following out of class assignments may be used in this course:
1. individual projects (e.g. journal entries that demonstrate development of career choices);
2. completion of a Student Educational Plan.

VII. Methods of Evaluation

The following methods of evaluation may be used in this course:
1. instructor evaluation of student work;

2. quizzes;
3. final examination.

VIII. Textbooks

Ellis, D. *Becoming a Master Student*. 14th Edition. Boston: Wadsworth, 2013.
11th Grade Textbook Reading Level. Student Edition ISBN: 1-111-82753-2

Downing, S. *OnCourse: Strategies for Creating Success in College and in Life*. 7th Edition. New York, Houghton Mifflin Company, 2013.
7th Grade Textbook Reading Level. ISBN: 1-4390-8217-0

Van Blerkom, D.. *Orientation to College Learning*. 7th Edition. Belmont: Wadsworth, 2012. 13th Grade Textbook Reading Level: ISBN: 1-111-83364-8

IX. Student Learning Outcomes

Upon successful completion of the required coursework, the student will be able to:
1. identify learning styles and apply them to the development of effective study behavior;
2. select a tentative college major and relate it to career goals;
3. demonstrate knowledge of courses required, with appropriate sequence, to meet educational goal.