

COURSE OUTLINE

Student Development 101 College Success Strategies

Catalog Statement

ST DV 101 is dedicated to ensuring students' college success and motivating their journeys toward lifelong learning. Students develop their own plan for personal, academic, and career success through self-evaluation, application of specific techniques, and classroom activities. Topics include effective study strategies, short and long-term goals, time management, and campus resources. This course is about making choices, especially those about setting and meeting personal, academic, and career goals.

Total Lecture Units: 1.0

Total Laboratory Units: 0.0

Total Course Units: 1.0

Total Lecture Hours: 16.0

Total Laboratory Hours: 0.0

Total Laboratory Hours To Be Arranged: 0.0

Total Faculty Contact Hours: 16.0

Recommended Prep: Eligibility for ENGL 190, ENGL 191, ESL 141, ESL 146

Note: This course is offered only as Pass/No Pass.

Course Entry Expectations

Prior to enrolling in the course, the student should be able to:

- read and comprehend text written in English at a 6th grade reading level;
- generate questions about the meaning of what is read;
- contribute to class discussions and participate in student presentations;
- compose a 300-word composition which shows clear organization and demonstrates a basic understanding of the English sentence.

Course Exit Standards

Upon successful completion of the required coursework, the student will be able to:

- identify personal values, aptitudes, skills and interests;
- demonstrate understanding of personality types and characteristics;
- identify learning styles and apply to development of effective study behavior;
- select a tentative college major and relate it to career goals;
- prepare and write a Student Education Plan;
- utilize college resources to identify courses necessary to complete college goals;
- identify the college's support services and summarize activities offered to students;

- apply decision making and time management techniques.

Course Content

Total Faculty Contact Hours = 16.0

Higher Education Orientation (4 hours)

Introduction to course: agreements, contracts and responsibilities
Post-secondary education overview: policies, programs and requirements
Campus resources

Academic Strategies for Success (4 hours)

Effective study behaviors
Learning styles
Personality types

Personal Management (4 hours)

Time management
Decision making (critical and creative thinking)
Extracting annotations

Life Choices (4 hours)

Choosing a major
Choosing a career
Student Education Plan development

Methods of Instruction

The following methods of instruction may be used in this course:

- lecture and demonstration;
- multimedia;
- guest speakers;
- collaborative learning;
- student presentations.

Out of Class Assignments

The following out of class assignments may be used in this course:

- individual projects (e.g. journal entries that demonstrate development of career choices);
- completion of a Student Educational Plan.

Methods of Evaluation

The following methods of evaluation may be used in this course:

- instructor evaluation of completed assignments;
- quizzes;
- final examination.

Textbooks

Ellis, David B, Doug Toft, and Dean Mancina. *Becoming a Master Student*. 14th ed. Boston: Wadsworth, Cengage, 2013. Print.

11th Grade Textbook Reading Level. ISBN: 1-111-82753-2

Downing, Skip. *On Course: Strategies for Creating Success in College and in Life*. 8th ed. Boston: Cengage, 2017. Print.

7th Grade Textbook Reading Level. ISBN: 1-4390-8217-0

Van Blerkom, Dianna L. *Orientation to College Learning*. 7th ed. Boston: Cengage, 2013. Print.

13th Grade Textbook Reading Level: ISBN: 1-111-83364-8

Student Learning Outcomes

Upon successful completion of the required coursework, the student will be able to:

- identify learning styles and apply them to the development of effective study behavior;
- select a tentative college major and relate it to career goals;
- demonstrate knowledge of courses required, with appropriate sequence, to meet educational goal.